

Through a discipline lens: A Psychiatry Perspective

BIOGRAPHY

Dr Kay Wilhelm



Professor Kay Wilhelm is Clinical Director of Consultation-Liaison Psychiatry at St Vincent's Hospital, Sydney. She is Professor of Psychiatry at University of Notre Dame Sydney and Conjoint Professor in Psychiatry, UNSW and a Fellow at the Black Dog Institute.

Her interests are depression, suicidality, gender differences, smoking cessation, brief interventions to improve wellbeing. At St Vincent's, she works collaboratively with medical teams, with special interest in the Heart/Lung Transplant Program, Diabetes and Respiratory Services and working with GPs.